



ADAMS COUNTY

COLORADO

BOARD OF COUNTY COMMISSIONERS

Eva J. Henry - District #1
Charles "Chaz" Tedesco - District #2
Erik Hansen - District #3
Steve O'Dorisio - District #4
Jan Pawlowski - District #5

STUDY SESSION AGENDA TUESDAY November 24, 2015

ALL TIMES LISTED ON THIS AGENDA ARE SUBJECT TO CHANGE.

10:00 A.M.	ATTENDEE(S):	Abel Montoya
	ITEM:	Making Connections Update
11:00 A.M.	ATTENDEE(S):	Nick Kittle / Julia Ferguson
	ITEM:	Fitbitters Program Update
11:30 A.M.	ATTENDEE(S):	Nick Kittle
	ITEM:	Continuous Process improvement Efforts/Performance Measures
12:30 P.M.	ATTENDEE(S):	Raymond Gonzales
	ITEM:	Perl Mack Town Hall Follow Up
1:00 P.M.	ATTENDEE(S):	Jeanne Shreve / Kevin Doran / Dave Ruppel / Don May / Peter LiFari
	ITEM:	2016 State and Federal Legislative Agenda and Priorities / State Legislative Tour
2:00 P.M.	ATTENDEE(S):	Todd Leopold
	ITEM:	2016 Holiday Schedule
2:15 P.M.	ATTENDEE(S):	Nancy Duncan / Theresa Wilson / Pernell Olson / Raylene Taylor
	ITEM:	2016 Preliminary Budget Update
4:15 P.M.	ATTENDEE(S):	Todd Leopold
	ITEM:	Administration Item Review / Commissioner Communications
4:45 P.M.	ATTENDEE(S):	Heidi Miller
	ITEM:	Executive Session Pursuant to C.R.S. 24-6-402(4)(b) and (e) for the Purpose of Receiving Legal Advice and Negotiation Discussions Regarding Memorandums of Understanding for Oil and Gas Applications

(AND SUCH OTHER MATTERS OF PUBLIC BUSINESS WHICH MAY ARISE)

AGENDA IS SUBJECT TO CHANGE



STUDY SESSION AGENDA ITEM

DATE: November 24, 2015
SUBJECT: Making Connections Plan
FROM: Abel Montoya <i>AM</i>
AGENCY/DEPARTMENT: Office of Long Range Strategic Planning
ATTENDEES: Abel Montoya, Lori Wisner, Consultant(s) from Wilson & Company
PURPOSE OF ITEM: Provide an overview of the project explaining the public outreach that has been/is being done, the schedule, project milestones and approach, etc.
STAFF RECOMMENDATION: Informational Only

BACKGROUND:

The Making Connections Plan focuses on formulating a sound and rational basis for guiding development, redevelopment, and supporting infrastructure in unincorporated Southwest Adams County, referred to as the "Triangle of Opportunity". The "Triangle of Opportunity" will soon become apparent with construction of the Pecos, Federal, and Westminster transit stations, as part of the regional FasTracks Commuter Rail System. With the creation of high capacity transit stations across the Denver region many communities have witnessed increased interest in development and redevelopment opportunities. This plan will summarize recommendations from previous plans, studies and reports and will identify strategic infrastructure investments and land use objectives. The end result will be a Master Plan document that includes a series of implementation-focused materials that get Southwest Adams County on track to be development-ready. While the plan focuses on economic return on investment, the plan must be "strategic" and "equitable" and consider the goals and projects that are important to the existing community, neighborhoods and businesses.

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

Adams County Office of Long Range Strategic Planning, Wilson & Company (consultants).

ATTACHED DOCUMENTS:

Project Overview, PowerPoint Presentation

FISCAL IMPACT:

Either mark X if there is no fiscal impact or provide the following information for the recommended action:


Fund(s):	
Cost center(s):	
Self-generated / dedicated revenues:	\$
Annual operating costs:	\$
Annual net operating (cost) / income:	\$
Capital costs:	\$
Expenditure included in approved operating budget:	\$
Expenditure included in approved capital budget:	\$
New FTEs requested:	

APPROVAL SIGNATURES:

APPROVAL OF FISCAL IMPACT:



Todd Leopold, County Manager




Budget / Finance



Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager



MAKING CONNECTIONS/ SW ADAMS COUNTY

Planning and Implementation Plan

ADAMS COUNTY



WILSON
& COMPANY

Project Team



Jim Godwin
Wilson & Company

- Co-Project Manager
- Land Use/Infrastructure



Daniel Haggerty
Wilson & Company

- Infrastructure Task Lead



Vanessa Spartan, AICP
Wilson & Company

- Co-Project Manager
- Planning
- Public Involvement



Deana Swetlik, AICP
Entelechy

- Land Use/Urban Design



Victoria Mendoza, ATA
Hispanidad

- Public Involvement
- Spanish Translations



Steve Salazar, PE
Wilson & Company

- Principal-in-Charge
- QA/QC Manager

Agenda

- *Introductions & Role of TAC* 10 min
- *Visioning & Goals Exercise* 15 min
- *Project Process & Schedule* 15 min
- *Phase 1 Summary* 15 min
- *Next Steps* 5 min

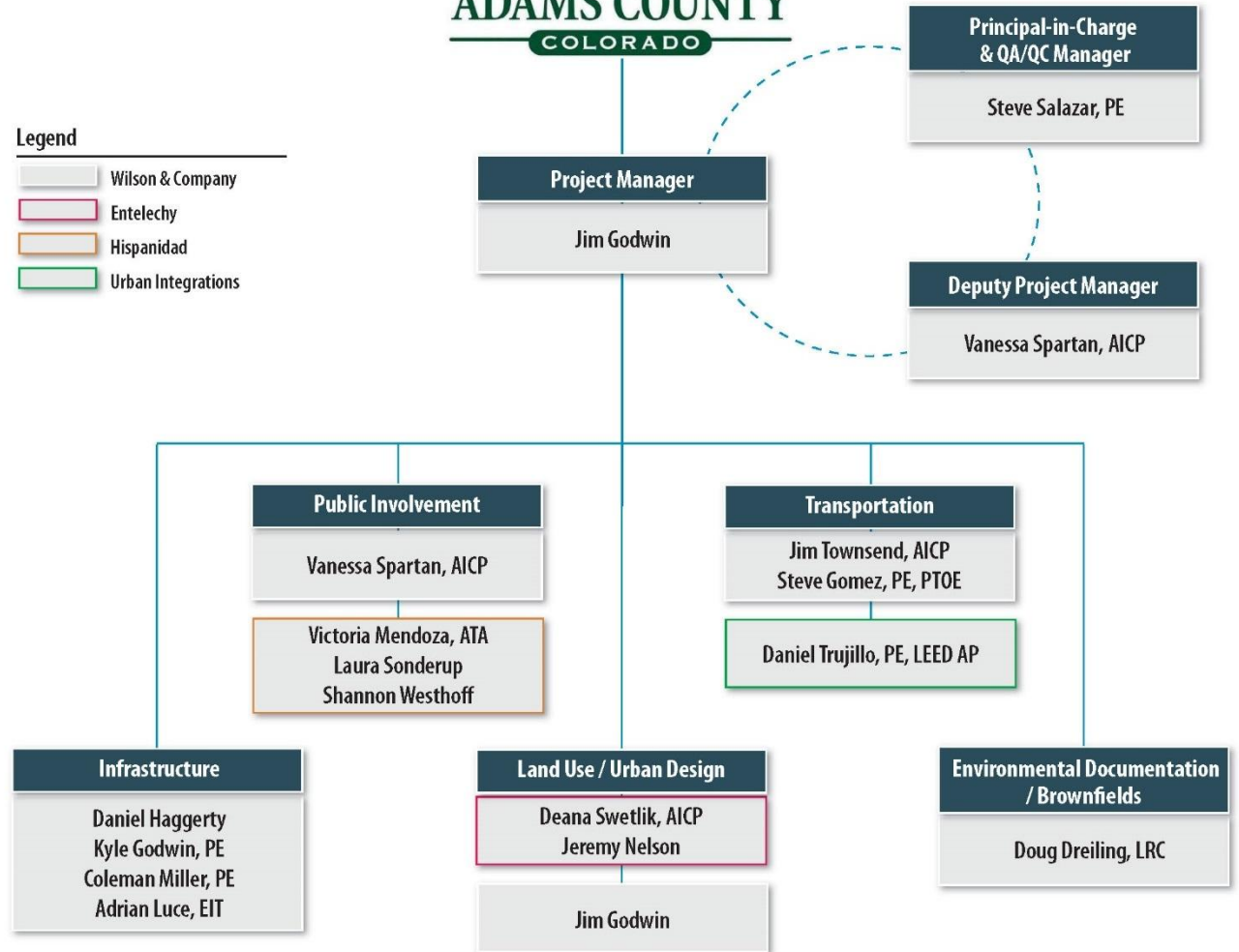
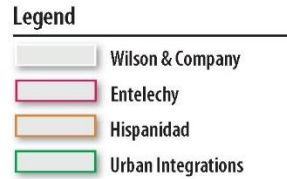
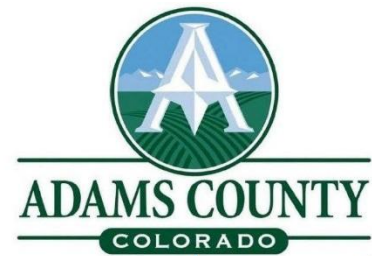
Introductions & Role of TAC



MAKING CONNECTIONS/SW ADAMS COUNTY
PLANNING AND IMPLEMENTATION PLAN



Project Team



Role of TAC

- *Advisory to the plan*
- *Provide relevant information to be included in the evaluation and analysis*
- *Active participation in the study and discussions*
- *Meet at 3 key points in the project process*

Technical Advisory Committee

- Long Range Strategic Planning
- Parks & Open Space
- Emergency Management
- Transportation Administration
- Transportation Engineering
- Finance
- Budget
- Community & Economic Dev.
- Economic Development
- Business Solutions Group (GIS)
- Housing Authority
- Tri-County Health Department
- Public Involvement Office
- County Managers Office

Visioning & Goals Exercise



MAKING CONNECTIONS/SW ADAMS COUNTY
PLANNING AND IMPLEMENTATION PLAN



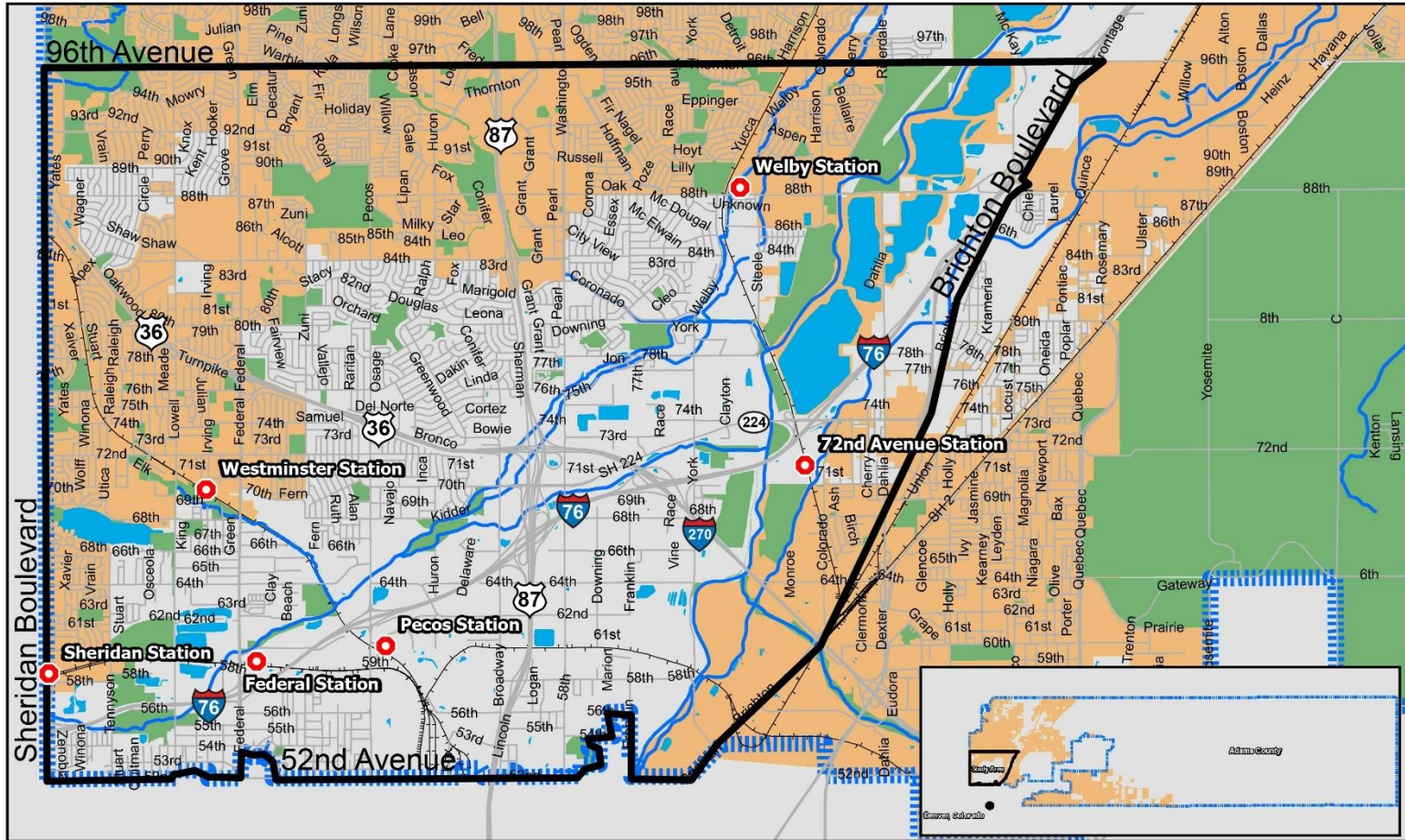
Commission's Mission, Vision, Values and Goals

- **Mission:** *To responsibly serve the Adams County community with integrity and innovation.*
- **Vision:** *To provide our community a safe, healthy environment to work, raise families and build businesses.*
- **Values:** *A Positive Work Environment, Servant Leadership, Teamwork, Transparency, Credibility*
- **Goals:** *Prosperity, Customer Service, Community*

Project Goals

- *Focus on unincorporated Adams County within the Planning Area of 52nd, 96th, Sheridan, and Brighton.*
- *Utilize information and ideas from previous plans.*
- *Identify and prioritize strategic and equitable investments that focus on economic return.*
- *Identify Top 40 Priority Projects and Top 10 Priority Projects*
- *Identify Implementation Strategies*

Making Connections Planning Area



MAKING CONNECTIONS/SW ADAMS COUNTY
PLANNING AND IMPLEMENTATION PLAN



TAC Visioning & Goals Exercise

- *6 questions*
- *Use one post-it per question*
- *Write the number of the question on the post-it*



1

What is the most important aspect of this project for YOU?

Technical Advisory Committee Responses

- Affordable housing (3)
- Public communication (2)
- Improving infrastructure (4)
- Efficient roadways
- Awareness of hazardous material facilities
- Coordinating opportunities with stakeholders
- Equitable land use and transportation policies (2)
- Increase pedestrian and bicyclist connectivity in neighborhoods and adjacent to transit

1

What is the most important aspect of this project for YOU?

Planning Commission Responses

- Safety, Adequate Parking
- Improving Infrastructure
- Usage of each Station
- Accessibility
- Redevelopment of blighted areas

2 What do you think OTHERS believe is the most important aspect of this project?

Technical Advisory Committee Responses

- Money and revenue (4)
- Cost effectiveness (2)
- Arts and Culture
- Efficient transportation (3)
- Urban renewal and revitalization (3)
- Maintaining affordable housing
- Opportunity
- Safe Community
- Economic development (3)
- Internal teamwork and communication

2 What do you think OTHERS believe is the most important aspect of this project?

Planning Commission Responses

- Will it even happen
- What will become of my property
- Land uses and development opportunities
- Improving transportation connection
- Complementary development in the area

3 What is the perception of Southwest Adams County?

Technical Advisory Committee Responses

- High poverty and crime (3)
- Highly industrial
- Blight (4)
- In dire need of redevelopment (2)
- Poorly coordinated land use
- Automobile dependent
- Poor roadways (2)

3 What is the perception of Southwest Adams County?

Planning Commission Responses

- Underserved, mish-mash, missed opportunities
- Industrial
- Not a desirable place to live or develop retail
- I don't I will live here but it's getting better
- Highly industrial and blighted areas
- Trashy but improving

4

Twenty years from now,
what do you want the
area to look like?

Technical Advisory Committee Responses

- Reduced Crime
- Gentrification (3)
- Excessive bike trails
- Multiple transit options (2)
- More Parks

4

Twenty years from now,
what do you want the
area to look like?

Planning Commission Responses

- Improved landscaping and sidewalks, inviting
- Walkable community at stations, improved traffic corridors
- Better visuals along highways, housing opportunities for younger folks
- Develop its own personality
- A new look
- Quality, Complimentary infill – both residential and retail

5

What does success
with this project
mean to you?

Technical Advisory Committee Responses

- Desirable place to live, work and play (2)
- Comprehensive Land Use (2)
- No traffic congestion
- Implementation (2)
- Community input and involvement (3)

5

What does success with this project mean to you?

Planning Commission Responses

- It means improved perception of the area
- Implementation
- A blueprint to achieve the 20 year vision, achievable
- Community input and involvement
- Foster development
- A place to work, live, and play

6

What is holding us back?

Technical Advisory Committee Responses

- Lack of resources and funding (5)
- Community involvement and communication (3)
- Fear of Change
- Shared and inclusive vision (2)
- Government commitment and decision making (3)
- Inability to engage non-English speaking population

6

What is holding us back?

Planning Commission Responses

- Involvement by the community & communication above all
- The area is developed – very hard to remove existing uses
- Infrastructure, Money
- Funding, Change
- Money
- Lack of Money

Project Process & Schedule

Project Management Plan,
Work Plan & Schedule



MAKING CONNECTIONS/SW ADAMS COUNTY
PLANNING AND IMPLEMENTATION PLAN



Work Plan & Schedule

Tasks/Phases



Public Involvement



Deliverables



Schedule Range



Public and Stakeholder Involvement Plan (PSIP)

- *Technical Advisory Committee (TAC)*
- *Community Open Houses and Workshops*
- *Focus Group Forums*
- *Postcards/Website/Newsletters/Email Blasts*
- *Spanish-speaking Stakeholders*
- *Adoption Hearings*
- *Adams County In-kind Contribution*

T1: Inventory & Information Gathering

Task/Subtask I: Inventory and Information Gathering	Target Date	Completed
Conduct Project Kick-off Meeting with Adams County Staff	09/30/15	<input checked="" type="checkbox"/>
Gather and compile all relevant plans and data sets to deliver to consultant team	09/30/15	partially
Technical Advisory Committee (TAC) Kick-off Meeting		<input checked="" type="checkbox"/>
Website/Newsletter/Postcard/Email Blast Materials		<input checked="" type="checkbox"/>
TAC Workshop 1 (Inventory and Information Gathering)	11/02/15	<input checked="" type="checkbox"/>
Planning Commission Study Session	11/12/15	<input checked="" type="checkbox"/>
Focus Group Forums	11/18/15	<input checked="" type="checkbox"/>
Community Open House	11/18/15	<input checked="" type="checkbox"/>
Board of County Commissioners Study Session	11/24/15	<input checked="" type="checkbox"/>
ACED Meeting Infrastructure Task Force - 8:00-9:30am	12/02/15	
County to coordinate meeting space(s), meeting notices, and meeting print materials.		<input checked="" type="checkbox"/>
County to present TAC Meeting with Existing Conditions Overview	12/16/15	
WORKING PAPER 1: Existing Conditions Report	12/16/15	
WORKING PAPER 1: Existing Conditions Report Feedback	01/15/16	

T2: Public and Stakeholder Involvement

Task/Subtask 2: Public and Stakeholder Involvement	Target Date	Completed
Identify Key Informants and Stakeholders	09/30/15	<input checked="" type="checkbox"/>
Public & Stakeholder Involvement Plan (PSIP)	09/30/15	<input checked="" type="checkbox"/>
Prepare public information materials (website, newsletters, and display materials)	ongoing	
Schedule and conduct meetings	ongoing	
Spanish translation services	ongoing	
County to print meeting announcements and meeting materials	ongoing	
County to distribute (mail or email) of meeting announcements (e.g. newspaper postings)	ongoing	
County to coordinate meeting venues	ongoing	
County to host project materials on website	ongoing	



T3: Land Use, Zoning and Design Components

Task/Subtask 3: Land Use, Zoning and Design Components	Target Date	Completed
Community Workshop: Street Interface and Design Standards	02/02/16	
TAC Workshop 2 (Focus Areas)	02/02/16	
County to coordinate meeting space(s), meeting notices, and additional meeting print materials.		
WORKING PAPER 2: Recommendations Report	03/31/16	
WORKING PAPER 2: Recommendations Report Feedback	04/18/16	



T4: Implementation Matrix & Map

Task/Subtask 4: Implementation Matrix & Map	Target Date	Completed
TAC Workshop 3 (Priority Programming)	4/06 or 5/04	
Complete Street(s) Phasing Plan	05/18/16	
Top 40 Priority Projects	06/19/16	
Top 10 Priority Projects	06/22/16	
Planning-level Implementation Matrix for Top 40 Projects	06/29/16	
Implementation Matrix for Top 10 Projects	06/22/16	
Phasing Priority Maps for Top 10 Projects	06/29/16	
Draft Plan	07/01/16	
Final Plan (including executive summary with Top 40 and Top 10 projects identified)	09/02/16	
Referral Out (Adams County)	09/23/16	
Final Draft of Making Connections Plan (including all supporting materials)	10/07/16	
Publication Notice (Adams County)	10/21/16	
Staff Report for Planning Commission	10/28/16	
Planning Commission Public Hearing	11/10/16	
Staff Report for BOCC	11/18/16	
Board of County Commissioners Public Hearing	12/06/16	
Developer Distribution Materials for Top 10 Projects	01/17/17	
Developer Forum	01/??/17	

** Additional BOCC and Planning Commission Study Sessions to be added and presented by Adams County staff.*



Task 1 Key Milestones

- *Planning Commissioners Study Session – 11/12/2015*
- *Open House – 11/18/2015*
- *Focus Group Forum – 11/18/2015*
- *Board of County Commissioners Study Session – 11/24/2015*
- *Economic Development Infrastructure Task Force – 12/02/2015*
- *Working Paper 1 Draft – 12/16/2015*

PSIP: Task 1

- County Website
- Postcard
- Email Blast (to Focus Group stakeholders)
- Newspaper Advertisement (Westminster Window and Thornton Sentinel)
- Posters (displayed at civic/institutional locations)
- Door-to-door Outreach at Businesses in Study Area
- Focus Group Forum
- Open House
- Newsletter (End of Task 1, 12/18/2015, provided on County website)

MAKING CONNECTIONS
SW ADAMS COUNTY PLANNING AND IMPLEMENTATION PLAN

Help us connect Southwest Adams County!

The <i>Making Connections Plan</i> focuses on formulating a sound and rational basis for guiding development, redevelopment, and supporting infrastructure in unincorporated Southwest Adams County within the Planning Area of 52nd, 96th, Sheridan, and Brighton Blvd.	Public Meeting #1 Nov. 18th at 6:00-8:30pm	Location Skyview Academy High School 8970 York Street Thornton, CO 80229
	Public Meeting #2 Feb. 2nd at 6:00-8:30pm	

ADAMS COUNTY
COLORADO

MAKING CONNECTIONS
PLANEACION Y PLAN DE IMPLEMENTACION EN EL SUROESTE DEL CONDADO DE ADAMS

¡Ayúdenos a conectar el suroeste del condado de Adams!

El *Plan Making Connections* se enfoca en la formulación de una base racional y sólida para dirigir el desarrollo, renovación y la infraestructura complementaria en las áreas no incorporadas del suroeste del condado de Adams, dentro de la zona de planeación delimitada por la calle 52, la calle 96, Sheridan Boulevard y Brighton Blvd.

Reunión Pública # 1 Noviembre 18 de 6:00 a 8:30pm	Localización Skyview Academy High School 8970 York Street Thornton, CO 80229
Reunión Pública # 2 Febrero 2 de 6:00 a 8:30pm	

MAKING CONNECTIONS
SW ADAMS COUNTY PLANNING AND IMPLEMENTATION PLAN

HACER CONEXIONES
SW ADAMS PLANIFICACIÓN DEL CONDADO Y PLAN DE IMPLEMENTACIÓN

www.adcogov.org/MakingConnections

YOUR INPUT MATTERS!
¡SUS ASUNTOS ENTRADA!

Contact Information
English: (720) 523-6990
amontoya@adcogov.org

Información de contacto
Español: (303) 239-5325
informacion@heinrich.com



PSIP: Focus Groups

- *Wednesday, 11/18/2015, 2:00-4:00pm*
 - 30 minutes Introduction
 - 60 minutes Breakouts
 - 30 minutes Regroup
- *Location: Adams County Government Center*
- *Email Invitations sent early November*
- *Approximately 60 people in attendance*
- *At least 1 member of TAC and 1 Consultant per Group*
- *2 Spanish translators on hand*

Focus Groups

- Land Use & Economic Development with Neighborhoods & Housing
- Transportation
- Drainage and Utilities
- Environmental, Health, Parks & Trails



Focus Group Invitees

Adams County Departments

- Community & Economic Development
- Emergency Management
- Parks & Open Space
- Finance
- Long Range Strategic Planning
- Transportation Engineering
- Human Services
- Transportation Administration
- Sustainability
- Sheriff's Office
- Economic Development
- Business Solutions Group (GIS)
- County Managers Office

Citizen/Neighborhood Groups

- Peral Mack Neighborhood Group
- Berkeley Neighborhood Group
- Guardian Angel Neighborhood Group
- Riverdale Farms
- Aloha Beach
- Neighborhood Improvements
- Yacht Club Community Association
- North Federal Hills Homeowners
- Welby Citizen Group
- Northridge Estates at Gold Run HOA
- Mobile Gardens

Outside Agencies

- Live Well Colorado
- Tri-County Health
- Colorado DOT
- Adams 50
- City of Thornton
- Adams 12 Five Star Schools
- Growing Home
- Adams 14
- Industrial Park
- Xcel Energy
- Housing Authority
- North Lincoln Water & Sanitation
- North Washington Street Water & Sanitation
- Comcast
- Qwest Communication
- Crestview Water & Sanitation
- South Adams County Water & Sanitation
- North Pecos Water & Sanitation
- Berkeley Water & Sanitation
- City & County of Denver

PSIP: Open House

- *Wednesday, 11/18/2015, 6:00-8:00pm*
- *Skyview Academy High School,
8970 York St, Thornton, CO*
- *Postcards mailed to all addresses within
study area*
- *Approximately 40 people in attendance*
- *2 Spanish translators on hand.*



PSIP: Some of what we heard...

- **Public Engagement.** Allow for online engagement. Collaborate with non-profits on Spanish outreach strategies.
- **Transportation** options are more important than capacity, but signal upgrades and timing are important on major roads. Some streets remain “unfinished” (narrow width, no shoulder, ditch present). Lack of sidewalks.
- **Health** should be an integrated topic with transportation, land use and development.
- **Environment.** Prioritize converting brownfields to development rather than negatively impacting existing neighborhoods.
- **Parks and Trails** programming and safety at all hours is important. Separate Clear Creek planning effort starting soon.
- **Drainage** needs are well documented although some concerns about how quickly repairs and maintenance can be executed.
- **Utilities.** Many are operated by outside organizations which poses a challenge with making areas development-ready.
- **Neighborhoods and Housing.** How can we improve communities and neighborhoods but also keep it affordable?
The words “redevelopment” and “density” are scary.

Existing Conditions Findings

Literature Review & GIS Data

Working Paper 1 Outline

- *Introduction*
- *Literature Review*
 - *previous recommendations*
- *Land Use & Development*
 - *housing and neighborhoods*
- *Transportation*
 - *vehicle, pedestrian, bicycle, transit*
- *Infrastructure & Utilities*
 - *water, sewer, stormwater, power, fiber*
- *Environment, Health, Parks & Trails*

Information Gaps

- **What has been implemented from Literature Review?**
- **Land Use, Economic Development, Neighborhoods, and Housing**
 - Affordable housing locations.
- **Utilities**
 - Water line locations, Sewer line locations, Power line and infrastructure locations, and Fiber locations. Urban Drainage and Flood Control District.
- **Environment**
 - Brownfields locations and information.
 - Emergency management locations and information.
- **Parks**
 - Programming details (park type),
 - Trailhead locations.
- **Transportation**
 - Vetting of existing transportation assets data. Some question if all bike facilities have been constructed.
 - ADA assessment results.
 - Roadway weight restrictions data.
 - RTD data on transit stop type, frequency, etc.
 - Details for Federal Boulevard including ROW configurations, ROW ownership, driveway locations, sidewalk inventory, projects underway

Making Connections Plan Outline

- *Merges Working Paper 1 and 2*
- *Adds Implementation Deliverables*



Next Steps



MAKING CONNECTIONS/SW ADAMS COUNTY
PLANNING AND IMPLEMENTATION PLAN



Next Steps

- *BOCC Study Session*
 - 11/24/2015
- *Economic Development Infrastructure Task Force Meeting*
 - 12/02/2015, 8:00am
- *TAC Workshop*
 - Adams County to facilitate
 - 12/16/2015, 10:00am
- *WP1: Existing Conditions Report (Draft)*
 - 12/16/2015 – Consultant Team
 - 01/15/2016 – Adams County Feedback
- *Phase 3: Recommendations*
 - TAC Workshop – 02/02/2016
 - Community Workshop – 02/02/2016
 - WP2: Recommendations Report – 04/2016



STUDY SESSION AGENDA ITEM

DATE OF STUDY SESSION: November 24, 2015
SUBJECT: FitBitters Wrap-Up
FROM: Julia Ferguson
AGENCY/DEPARTMENT: Office of Performance, Innovation, and Sustainability
ATTENDEES: Julia Ferguson, Nick Kittle
PURPOSE OF ITEM: To provide a report on the pilot FitBitters program and explain results and next steps.
STAFF RECOMMENDATION: No action needed

BACKGROUND:

This session is intended as an opportunity to report out on the successful FitBitters pilot wellness program. Information regarding program activities and results will be shared, as well as next steps in regards to larger program roll-out

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

ATTACHED DOCUMENTS:

Power point presentation is attached.

FISCAL IMPACT:

Either mark X if there is no fiscal impact or provide the following information for the recommended action:

Fund(s):	
Cost center(s):	
Self-generated / dedicated revenues:	\$
Annual operating costs:	\$
Annual net operating (cost) / income:	\$
Capital costs:	\$
Expenditure included in approved operating budget:	\$
Expenditure included in approved capital budget:	\$
New FTEs requested:	

Additional Note:

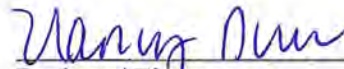
List any Supplemental Information Regarding Fiscal Impact.

APPROVAL SIGNATURES:

APPROVAL OF FISCAL IMPACT:



Todd Leopold, County Manager



Nancy Owen
Budget / Finance

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager

ADAMS COUNTY FITBITTERS

Post-Program Report and Follow-Up

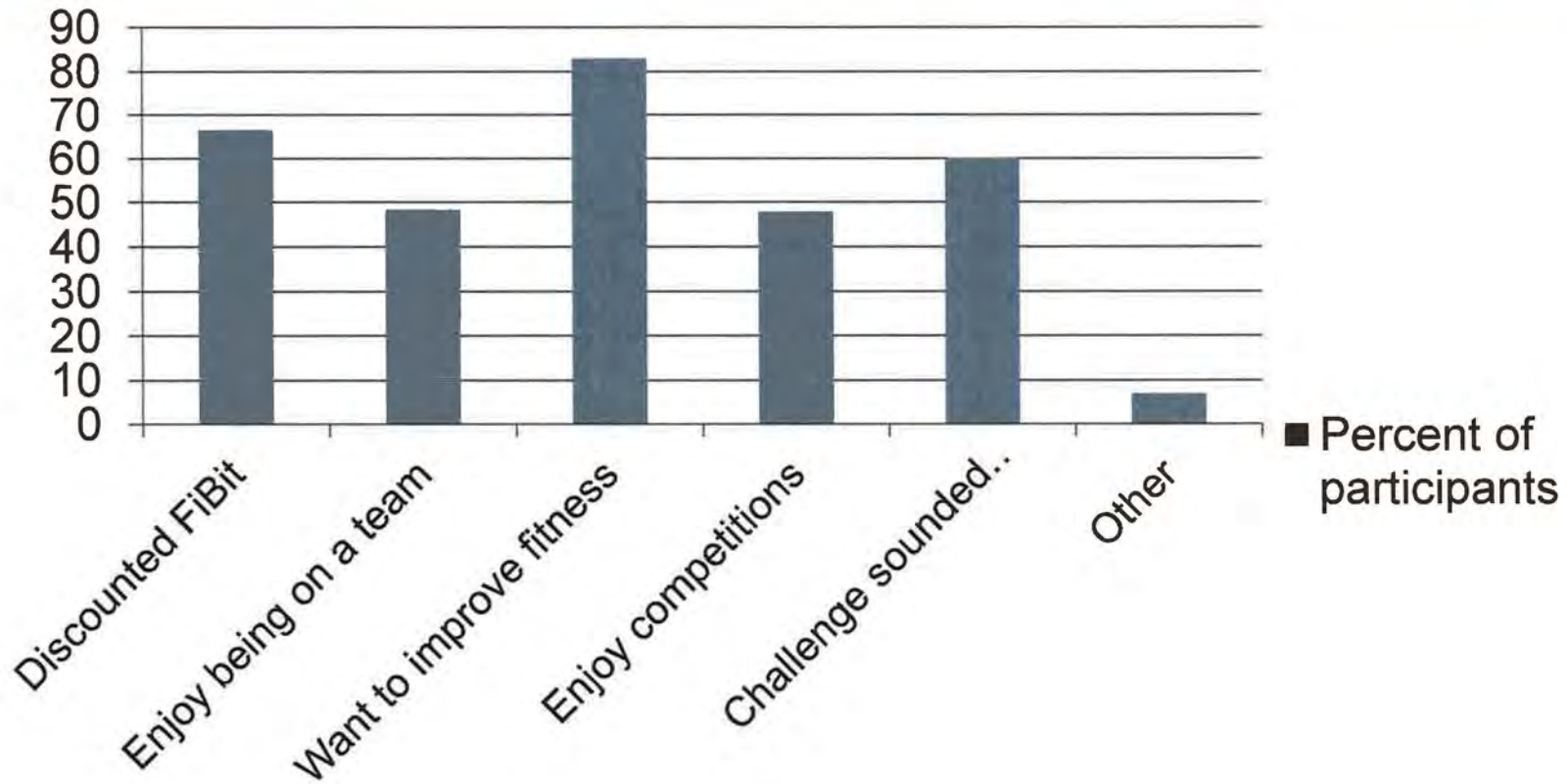
FitBitters: A Bit Fit FitBit Challenge

- 237 county employees participated
 - 180 received a county-discounted FitBit (\$20 cost to employee)
 - 57 purchased their own device
- 6-month challenge (April-September)
- Prize eligibility linked to distance traveled and monthly challenges completed
- Cost of devices: \$11,760

Providing a choice for participation

- Required:
 - ▣ Online registration
 - ▣ Signed liability waiver
- Optional:
 - ▣ Orientation meetings
 - ▣ Join a team
 - ▣ Health assessments (March and September)
 - ▣ Sharing activity data (FitBit.com)
 - ▣ Pre- and post-program surveys

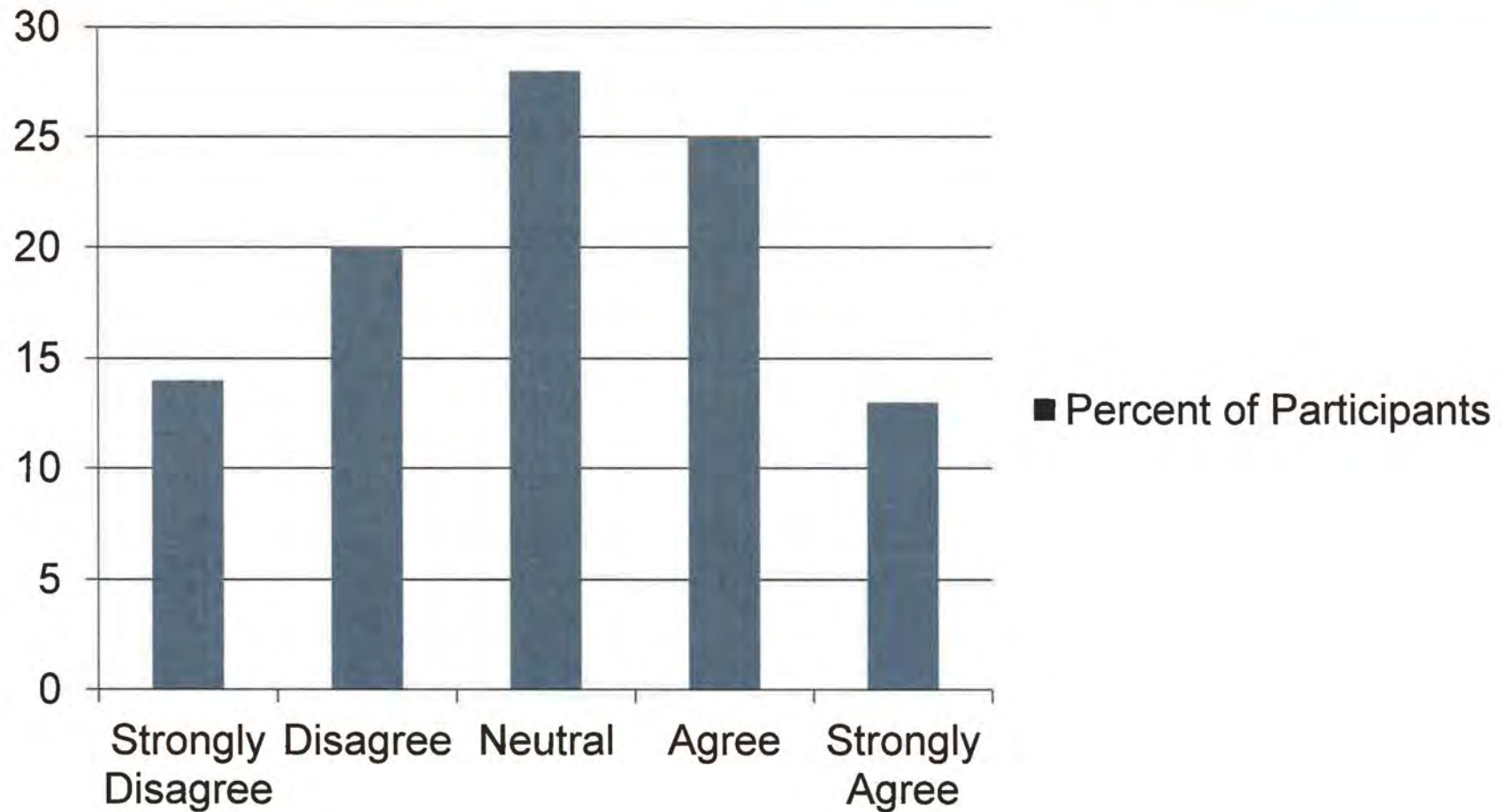
Why did they join?



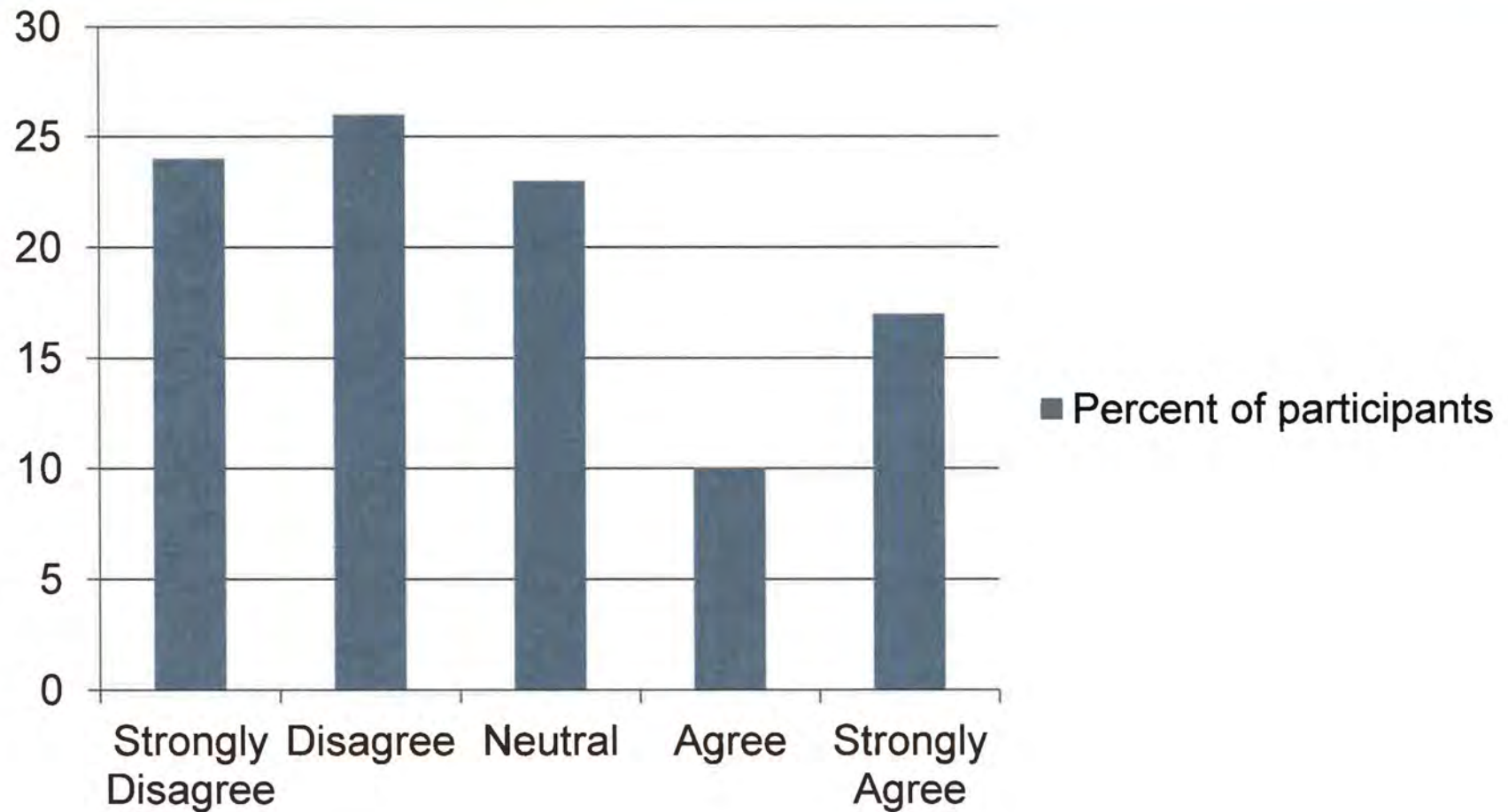
Determining a Baseline

- 188 employees participated in pre-program surveys and health assessments (3rd party administered, HIPAA compliant)
- Health metrics measured:
 - Weight
 - Body mass index
 - Body fat percentage
 - Blood Pressure
 - Waist circumference

Participant responses to 'I feel good about my health' (March 2015)



Participant responses to 'I feel good about the amount of physical activity I do.' (March 2015)



March Health Assessment Results

- 76% of individuals participating in health assessments had a BMI of 25 or greater and fell in the 'overweight,' 'obese,' or 'morbidly obese' category
- 72% of had a body fat percentage level of 30% or greater
- 50% of individuals had blood pressure in the pre-hypertension to hypertension Stage 2 range

Program structure

- Every month, FitBitters were presented with a new distance challenge to achieve individually or as a member of their team; these became progressively more difficult throughout the program
- For each monthly challenge completed; every 100 miles walked; and every 'additional fitness event' participants completed they received an entry into prize drawings



FitBit.com Group Pages

fitbit Dashboard Log **Community** Premium **STORE**

Adams County FitBitters Challenge

[Edit group info](#)

Adams County employees are having fun while getting fit! Join us to track your fitness goals and help encourage each other to live a healthier and more active life!

Steps in November

Yvonne C - 299,635 steps	#1
Jeanette - 294,424 steps	#2
Matthew - 282,755 steps	#3
DeAnna - 176,195 steps	#21
Sandy B - 172,329 steps	#22
You - 166,406 steps	#23
Von B - 162,723 steps	#24
Dave Z - 155,186 steps	#25

210 members
12,755,755 steps
5,534.31 miles
36,567 active minutes
13 days remaining
[View Full Leaderboard](#)

Members

[invite members](#) [view all members](#)

Discussions

[Follow All Topics](#)

Topics	Posts	Last post
How do you stay active?	1	25 weeks ago by Julia F.
Introduce yourself	17	29 weeks ago by Lynn C.
Accuracy of Fitbit	3	29 weeks ago by Jeromy

Weekly Emails

- Light-hearted weekly emails provided updates on challenges, congratulations to participants and teams, and links to articles on fitness and the link between activity and mental, emotional, and physical health
- ...plus, memes!



Program Wrap-up and Evaluation

- 167 individuals completed the post-program survey
- 88 individuals completed the post-program health assessments; 74 were comparable
- Participants attended an awards ceremony luncheon and received prizes for their participation in October.

September Health Assessments

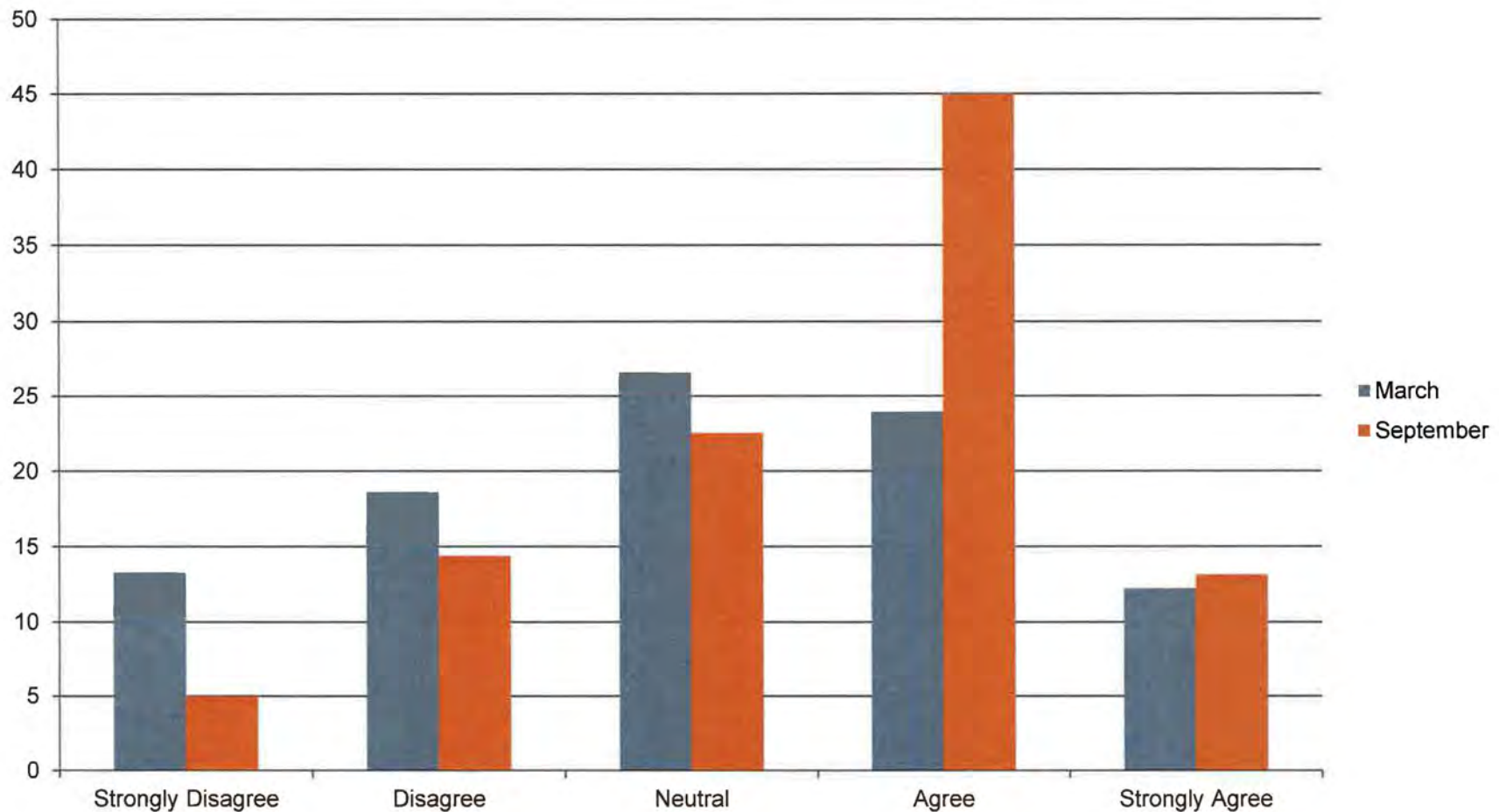
- Fewer participants in September, 74 comparable
- 39 individuals lost weight
- 36 individuals reduced their body fat percentage
- 25 individuals reduced their BMI by a statistically significant amount (~1BMI point)
- 26 individuals reduced the circumference of their waist

Value in Health Care Cost Savings

- \$120 increase annually in health care costs per person per point BMI increase (Wang, et al.)
- 25 individuals lost nearly 1 point BMI (some more, up to a 17.8 point reduction)
- Total BMI point reduction was 80.4—providing a benefit of approximately \$9,648 through health care cost avoidance

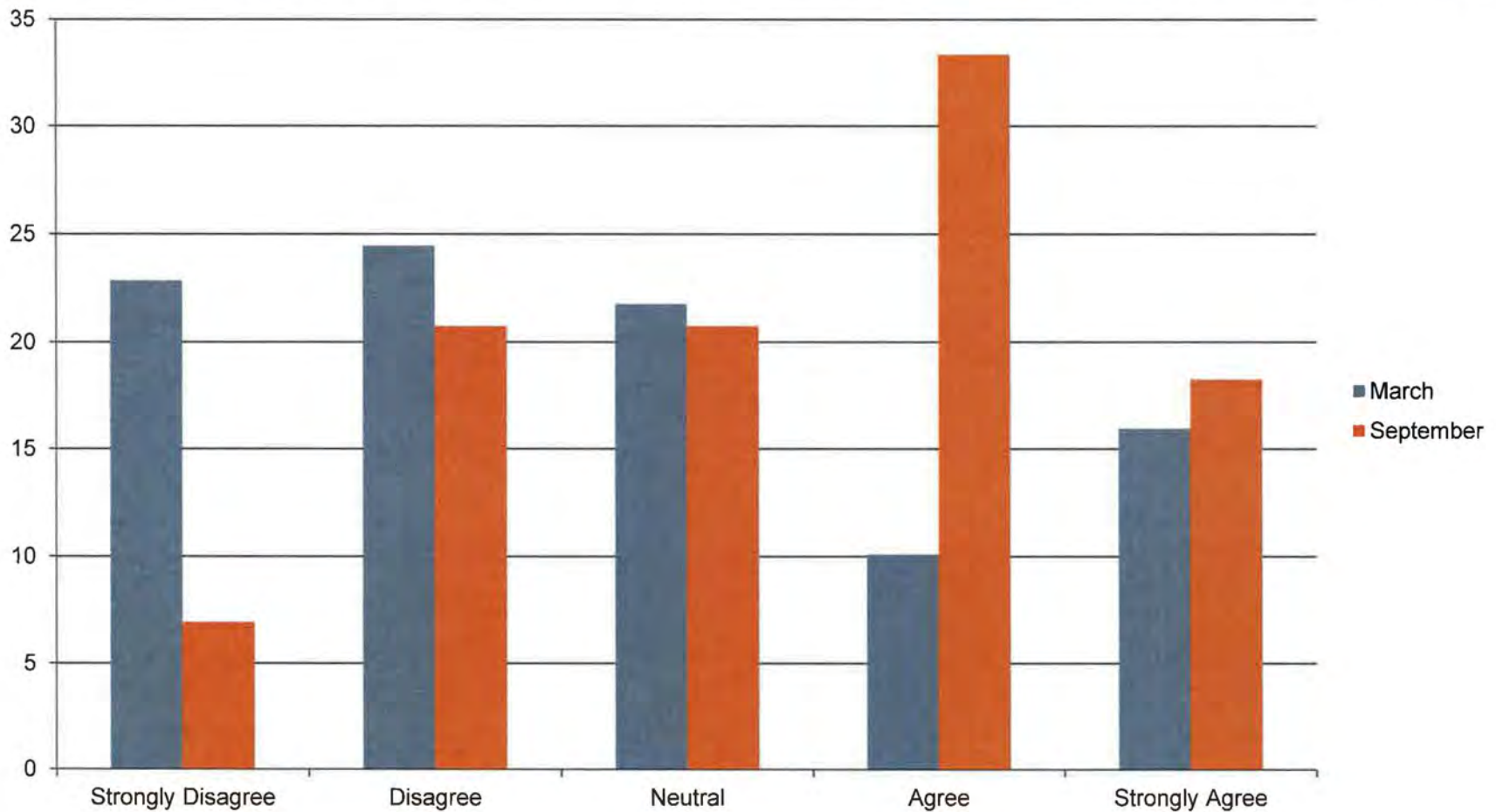
Post-Program Survey Results

Percent Responses to 'I feel good about my health.'



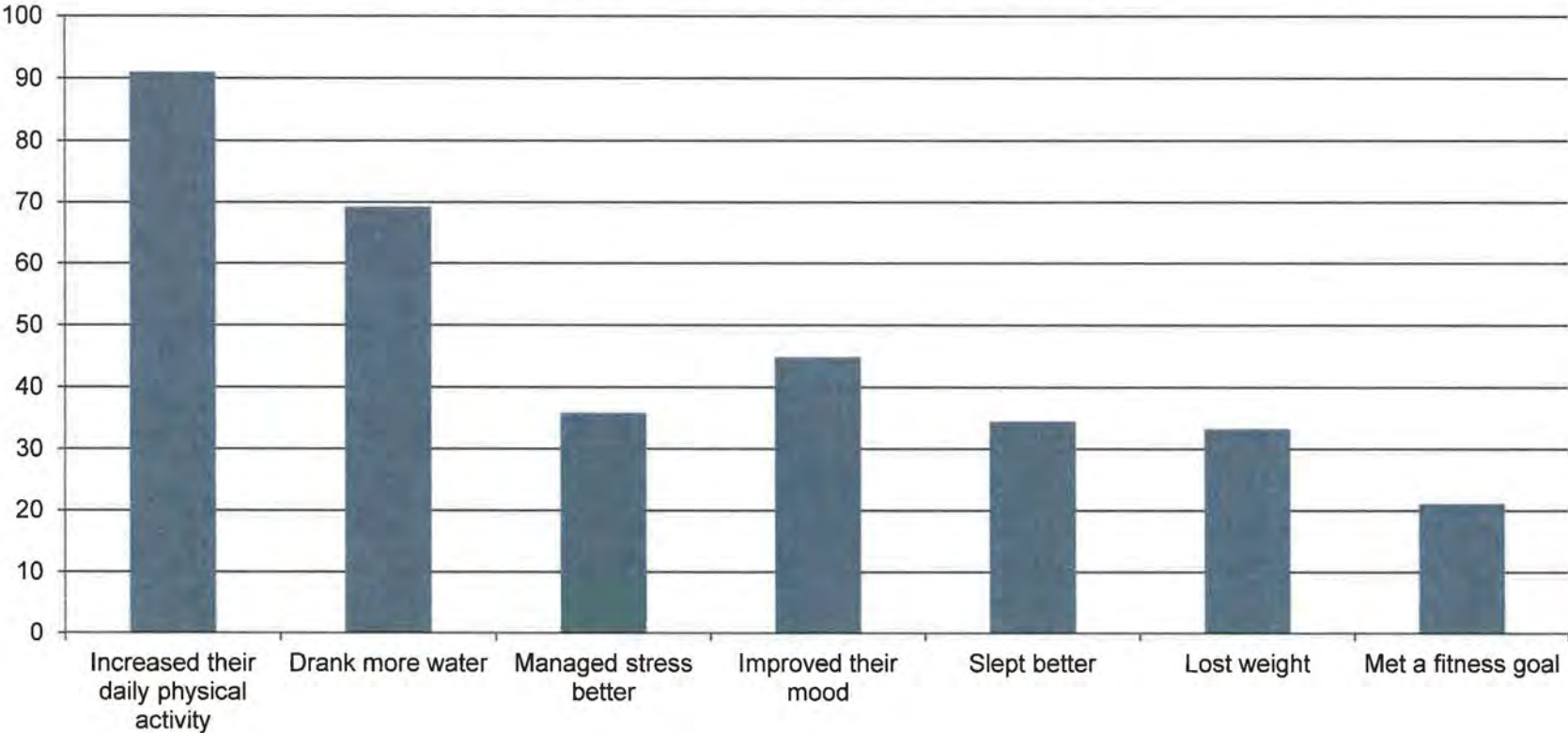
Post-Program Survey Results

Percent of responses to 'I feel good about the amount of physical activity I do on a daily basis.'



Post-Program Survey Results

Percent of survey respondents indicating that as a result of the FitBitters Challenge they:



Value to the Organization



Happier, less stressed employees=increased productivity

There is a 12% increase in productivity when an employee is happier than average.

75 happier employees allows for a cost avoidance to the county of upwards of \$490,000 through increased productivity.

Additionally, happy employees have greater organizational ties, lower turnover rates, and less absenteeism.

FitBitters by the Numbers

- 237 participants walked a total of 138,667 miles
- Net 129 pounds and 6.5 inches were lost
- 81 additional fitness events and volunteer opportunities were attended
- Health care cost savings estimated \$9,700 for 74 individuals
- Benefit to the county of cost avoidance through increased productivity upwards of \$490,000
- Estimated program benefit: roughly \$500,000
- Total program cost: \$16,381

Participant Comments

- 'Thank you for making this possible. I really enjoyed it. I did not meet all my goals but that is my doing not the programs (sic). It definitely helped with my way of thinking.'
- 'It is always fun and exciting to have programs such as these through work. I think it motivates employees to show up and have fun, and in turn employees have a higher morale and feel better about work. Keep up the great program, the county has great health programs!'
- 'Loved it! Sure hope you expand it so others can participate, as so many coworkers have expressed a desire for the program.'
- 'Management wasn't supportive of leaving the area just to walk around.'
- 'The work we do every day is very sedentary. Having a FitBit helped me set reminders that I could not snooze by ignoring my screen. I had to move!'

Lessons Learned & Next Steps

- FitBitters program is approved for roll-out in 2016 by the Human Resources department
- Lessons learned:
 - ▣ Shorter challenge intervals with more frequent opportunities to receive rewards
 - ▣ Reduce program coordinator time through dummy device
 - ▣ Provide increased opportunity for face-to-face interaction

‘I am so impressed by the county offering the opportunity. I look forward to increased opportunities to improve health and well being.’





STUDY SESSION AGENDA ITEM

DATE OF STUDY SESSION: November 24, 2015
SUBJECT: 2016 State and Federal Legislative Agenda and Priorities, and State Legislative Tour
FROM: Kevin Doran, Legislative Liaison
AGENCY/DEPARTMENT: County Manager's Office
ATTENDEES: Kevin Doran, Todd Leopold, Jeanne Shreve, Dave Ruppel, Don May, Peter LiFari
PURPOSE OF ITEM: Brief Board on 2016 State and Federal Legislative agendas and State Legislative tour agenda in order to finalize all 3 agendas in advance of the Dec. 1-3 trip to Washington, DC and the State Legislator Tour on Dec. 11 th .
STAFF RECOMMENDATION: Review and discussion

BACKGROUND:

Staff has prepared this briefing to guide a discussion of the upcoming trip to Washington, DC, affirm the BOCC's federal legislative priorities for 2016, the logistics and tour stops for the State Legislative Tour, and an opportunity for the Board to provide feedback to staff on the State Legislative process for 2016.

Washington, DC Visit

The BOCC will be traveling to Washington, D.C., December 1-3, 2015 to meet with our Colorado Congressional Delegation, select federal departments and agencies, and advocacy organizations in an effort to educate our Congressional representatives and advocate for County legislative priorities.

Tentative Agenda:

- Tuesday, Dec. 1st
 - Fly to DC, no official obligations that afternoon/evening
- Wednesday, Dec. 2nd
 - Meetings with our CO Congressional Delegation beginning in the morning and lasting through the late afternoon (possibly meeting with select federal departments or agencies if time allows)
 - Dinner with our CO Congressional Delegation
- Thursday, Dec. 3rd

- Meetings with the FAA, VA, HUD, the American Legion's national office, and possibly other departments/agencies or national organizations depending on availability and time allowances.
- Depart DC around 6:00 pm.

Federal Legislative Priorities Discussion

Identified Legislative Priorities for 2016:

Front Range Airport (FTG)

- Front Range Airport Infrastructure Improvement
 - **The Need: Runway Enhancements** – FTG currently has runways that can support 40k pound but would like to improve the infrastructure to support 165k pound aircraft.
 - **Key Benefits:** That improvement could allow FTG to support larger aircraft including many cargo aircraft, military aircraft (for military exercises), and larger passenger aircraft (in order to operate as a reliever airport for DIA).
 - **Focused Request and Cost:** A basic improvement which would include a strengthened taxi-way and ramp to accommodate up to 165k pound aircraft would cost around \$6M.
- Lighting/Safety Project
 - **The Need:** Currently only half of the main taxi-ways at FTG have the lighting needed to provide the proper level of safety for taxing aircraft.
 - **Key Benefits:** This lighting will allow taxing aircraft to operate at a higher level of safety.
 - **Focused Request and Cost:** The airport has a pending request with the FAA for their lighting/safety project, which requires \$2.3M in funding to purchase and install proper lighting for the other half of the main taxi-way along runway 08/26, the primary runway.

Spaceport Colorado – Update to Delegation

- There are 4 parts to the Spaceport Colorado Application: the Application itself, an Environmental Assessment (EA), Air Traffic Control (ATC) Letter of Agreement (LoA), and Airport Layout Plan (ALP) Update.
- Components of Application Process
 - Approval of Application - The pre-Application is currently at FAA for review and possible comment (FAA expects to take two weeks in which to respond to the pre-Application). Once FAA provides preliminary approval, then the Application, which is complete, will be signed by the BOCC and submitted (in the next couple of weeks or so) to FAA for final review. FAA then has 180 days to review the Application.
 - Approval of Environmental Assessment - The Environmental Assessment (EA) is now pending before the FAA's Office of Commercial Space Transportation, approval of which is expected to take about another month (FAA approves and signs this). Once approved the project will be published in the Federal Register for a 30 day comment period.
 - Air Traffic Control Letter of Agreement - The Air Traffic Control (ATC) Letter of Agreement (LoA) is being pursued while the EA is pending at FAA, and the ATC LoA is about a month out. FTG has meetings planned with DIA, other regional and FAA players, and the airlines over this period to gain support for the proposed LoA and to finalize comments.

- Airport Layout Plan (ALP) Update – The ALP deals with airport infrastructure and future airport plans. FTG has worked with the FAA Approving Authority, Airports Division, to develop an approved process for this work. FTG is awaiting one final piece of hazard information and will then submit the required ALP Update within the next month.
- FTG has developed a flight plan with Air Traffic Control, and Spaceport Colorado is pursuing commercial space flight (using proven technologies and licensed spacecraft), not experimental flights. Spaceport Colorado will not be conducting vertical take-offs, but traditional horizontal take-offs, and there are no new noise disturbances associated with these spacecraft; they all fit within DIA's and FTG's noise profiles.
- Anticipated Approval for Licensing
- Next Steps

Veterans Affairs

- Veterans Landlords' Choice Program, Incentivizing Participation in the HUD-Veterans' Affairs Supportive Housing (HUD-VASH) Program
 - **The Need:** Currently it takes too much time for a Veteran to find housing and once they do, typically the housing is rented while the Veteran is in the process of qualifying for said housing.
 - **Benefit:** It provides landlords with options to incentivize them to accept housing vouchers from HUD-VASH participants as a form of payment.
 - **Focused Request and Cost:** In FY 2017 we would be asking to expand the program with an additional \$500k to reach more Veterans.
- Second Veterans' Symposium (in early 2016)
 - Staff is in the process of working with County Veterans' Service Officer Robert Sheetz and the Housing Authority to identify additional areas of need that their offices have, as well as discuss PTSD issues and what the County can do to help with PTSD related needs given the VA's termination of a stand-alone PTSD facility.
 - Information collected in conjunction with the VSO and ACHA will be folded into the program of the second Veterans' Symposium.

Transportation

- RTD language on Bus Rapid Transit
 - **The Need:** MAP-21 narrowed the definitions of BRT, resulting in many projects no longer qualifying under the New Starts and Small Starts program, the principal discretionary Federal funding source for major transit capital projects.
 - **Focused Request:** The New Starts BRT definition should allow for projects where buses share their separated right-of-way with toll-paying cars and other high occupancy vehicles such as car and vanpools. As a way to maintain a high level of services, operations should allow for variable tolls to manage automobile traffic volume to ensure transit buses can continue to move at reliable speeds. We feel that dedicating that right-of-way exclusively to buses is not merited by local traffic demands and not needed to meet the aim of ensuring reliable transit travel times.
- **Other – I.e., I-25 and North Metro, other priorities**

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

County Manager's Office, Front Range Airport, Housing Authority, Finance, Federal Congressional Delegation, Federal agencies and associations, including FAA, HUD, VA

State Legislator Tour

BACKGROUND:

Staff has prepared this briefing to guide a discussion of the upcoming State Legislator Tour agenda to be held on Dec. 11, 2015.

Tour Purpose and Participants

The State Legislator Tour is being set up to familiarize and update our state elected officials on projects of local and regional importance to Adams County. Invited on the tour are Senators Hodge, Martinez-Humenik, and Ulibarri, and Representatives Lebsock, Moreno, Priola, Salazar, Windholz, and Winter.

As of this memo, those members who have RSVP'd in the affirmative are Senators Hodge, Martinez-Humenik and Ulibarri, and Representatives Lebsock, Moreno, and Windholz. Staff is working to confirm the remaining three delegation members.

Tour Logistics

The tour will commence at 9:00 am, following the Metro North Chamber of Commerce's (MNCC) Legislative Breakfast, being held at Adams 12 Five Star Schools (1500 E. 128th Avenue Thornton, CO 80241). Adams County will be providing transportation for our elected officials for the tour, and staff will be accompanying the tour in order to provide insight and technical input related to the projects on the tour. Depending on the number of tour stops and participant availability, the tour should conclude around 1 pm. Staff will provide the board with talking points and a 1-page fact sheet for the state delegation on each stop.

Tour Stops

Staff is in the preliminary stages of developing the tour and would welcome your ideas on projects you would like to see. Some potential areas we are thinking about covering may include:

- The Federal Blvd. Corridor
 - Infill development near rail stations, mixed use development, economic development, etc.
- I-25 Corridor
 - Managed lanes, redesign of interstate, economic development, etc.
- Park 12 Hundred
 - The County's new location for its human services department, child and family center, Head Start program, and workforce and business center offices.

Questions for Discussion:

1. Are you comfortable with the suggested tour stops or would you like to add/subtract stops?
2. What information would you like to see for the 1-page fact sheets?

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

County Manager's Office, Human Services, Planning, Community & Economic Development, Transportation

2016 Combined State and Federal Legislative Calendar

BACKGROUND:

Staff has prepared this summary to guide a discussion of the upcoming 2016 state and federal legislative agenda. Staff will be briefing the BOCC on the tools in place for updating the BOCC throughout the state legislative session, and will provide a proposed schedule for state and federal milestones throughout the upcoming months. In addition, staff would like to affirm the BOCC's state legislative priorities for 2016.

General Overview for State Legislative Operations and Process

Staff is currently in the process of reviewing responses to the County's RFP for state lobbying services. Regardless of who is chosen to represent the County, staff will work with them on the following general framework for updating the BOCC regularly throughout the session on legislative issues:

1. Kevin Doran, Legislative Liaison, will serve as primary point of contact with the following responsibilities:
 - Liaise between the Legislative Working Group and BOCC
 - Liaise with contract lobbyist(s)
 - Will provide internal coordination to identify County priorities
 - Will analyze and monitor legislation in coordination with departments and lobbyists to recommend positions on bills
 - Will coordinate with departments and lobbyists to identify legislative opportunities
 - Will provide updates on legislative issues to the BOCC
 - Will work with other organizations in coordinated legislative advocacy
2. State lobbyist(s) will provide in-person updates to the BOCC at least once per month in study session, weekly bill tracking along with more focused updates on specific topics as needed, and monthly status reports. They will also be available for legislative events as needed by the county.
3. The Adams County Legislative Working Group will provide weekly email updates to BOCC on Fridays during the legislative session
 - Staff will supplement weekly updates with written summary of topics discussed at Colorado Counties, Inc (CCI) Legislative Steering Committee meetings, Metro North Chamber of Commerce - Business and Government Affairs (BGA) committee meetings, Metro Area County Commissioners (MACC), etc.
 - The Legislative Working Group includes:
 - Kevin Doran – Legislative Liaison
 - Jeanne Shreve – Intergovernmental Relations Manager

Todd Leopold – County Manager
 Ed Finger – Deputy County Manager (Internal Services)
 Ray Gonzales – Deputy County Manger (External Services)
 Heidi Miller – County Attorney
 Jennifer Stanley – Assistant County Attorney
 Herb C. Covey – Director, Human Services Department
 Ben Dahlman – Assistant Finance Director
 Abel Montoya – Director, Office of Long Range Strategic Planning
 Heather McDermott – OEM Director
 Brigitte Grimm – County Treasurer
 Michael McIntosh – County Sheriff
 Stan Martin – County Clerk
 Patsy Melonakis – County Assessor
 Kristin Sullivan – Economic Development Manager
 Norman Wright – Director, Community & Economic Development
 Kevin Beach – IT Director
 Dave Ruppel – Director, Front Range Airport
 Dave Young – District Attorney
 Robert Sheetz – Veterans Service Officer
 Tom Butts – Director, Tri-County Health
 Don May – Director, Adams County Housing Authority

- Staff will lead a discussion of key legislative actions in the weekly legislative update during study session.
 - Members of the Legislative Working Group will attend study sessions as needed
 - Legislative Working Group will meet weekly to coordinate efforts and update legislative tracking tools
4. Members of the Legislative Working Group, in coordination with state lobbyist(s), will prepare bill fact sheets as necessary to summarize the County’s position on specific legislative issues.
 5. The Legislative Liaison will coordinate with the Commissioners and the County’s lobbyist(s) to identify and prepare for opportunities for elected officials and/or staff to testify in committee hearings on issues of importance.
 6. The Legislative Liaison will coordinate with other County elected officials and their respective associations to identify legislative issues with County impacts.

Summary of Legislative Tracking Tools to be Used:

1. Legislative Tracking Table
2. Written summary of other legislative committees (CCI, BGA, MACC, etc.)
3. Bill Fact Sheets
4. Others?

Schedule and Deliverables for State and Federal Legislative Agenda through January 2016

- Conduct State Legislative Tour and DC trip in Dec
- Dec – hire state and confirm federal lobbying representation
- Dec – develop State and Federal Legislative briefing book
- Between Dec and January monitor and refine county-led priorities, if any

- Anticipate state bill drop in mid-late January
- Formulate positions on key bills

Schedule of Milestones for 2016 State and Federal Legislative Agenda

January

Legislative Working Group to Review and make recommendations to BOCC for all State legislation of relevance to the County introduced during Session

Monthly update by state lobbyists(s)

Weekly updates from staff

January 13, General Assembly Convenes

January 28-29, CCI Steering Committee Meetings

February

State Legislative Dinner at Riverdale Dunes/other outreach?

Monthly update by state lobbyists(s)

Weekly updates from staff

February 11-12, CCI Steering Committee Meetings

February 20-24, NACo conference/follow up meetings with federal stakeholders

March

Monthly update by state lobbyists(s)

Weekly updates from staff

March 10-11, CCI Steering Committee Meetings

April

Monthly update by state lobbyists(s)

Weekly updates from staff

April 7-8, CCI Steering Committee Meetings

April 29, CCI All Steering Committee Meetings

May

Monthly update by state lobbyists(s)

Weekly updates from staff

May 11, General Assembly Adjournment Sine Die

June

Legislative Wrap-up Presentation

Summary of final actions by Governor

Final legislative tracking report / scoresheet

June 6-8, CCI Summer Conference

FISCAL IMPACT:

Either mark X if there is no fiscal impact or provide the following information for the recommended action:

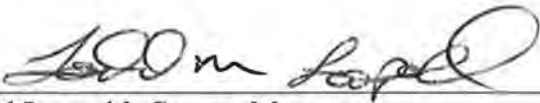
Fund(s):	
Cost center(s):	
Self-generated / dedicated revenues:	\$
Annual operating costs:	\$
Annual net operating (cost) / income:	\$
Capital costs:	\$
Expenditure included in approved operating budget:	\$
Expenditure included in approved capital budget:	\$
New FTEs requested:	

Additional Note:

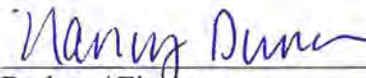
List any Supplemental Information Regarding Fiscal Impact.

APPROVAL SIGNATURES:

APPROVAL OF FISCAL IMPACT:



Todd Leopold, County Manager



Budget / Finance

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager



STUDY SESSION AGENDA ITEM

DATE OF STUDY SESSION: November 24, 2015
SUBJECT: Establishing Legal Holidays to be Observed by Adams County Offices in 2016
FROM: Bryan Ostler, Human Resources Director
AGENCY/DEPARTMENT: Human Resources Department
ATTENDEES: Todd Leopold
PURPOSE OF ITEM: Present to the Board of County Commissioners the Proposed Legal Holidays to be Observed by Adams County Offices in 2016
STAFF RECOMMENDATION: That the Board of County Commissioners approve the proposed 2016 holiday schedule at the December 8, 2015 Public Hearing.

BACKGROUND:

Below is a list of the proposed legal holidays to be observed by the Adams County Offices in 2016.

<u>DATE</u>	<u>DAY</u>	<u>HOLIDAY</u>
January 1, 2016	Friday	New Year's Day
January 18, 2016	Monday	Martin Luther King, Jr. Day
February 15, 2016	Monday	Presidents' Day
May 30, 2016	Monday	Memorial Day
July 4, 2016	Monday	Independence Day
September 5, 2016	Monday	Labor Day
October 10, 2016	Monday	Columbus Day
November 11, 2016	Friday	Veterans Day
November 24, 2016	Thursday	Thanksgiving Day
November 25, 2016	Friday	Day after Thanksgiving
December 25, 2016	Monday	Christmas Day

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

Human Resources Department, County Manager's Office

ATTACHED DOCUMENTS:

None

FISCAL IMPACT:

Either mark X if there is no fiscal impact or provide the following information for the recommended action:

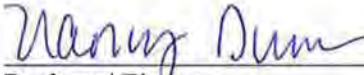
Fund(s):	
Cost center(s):	
Self-generated / dedicated revenues:	\$
Annual operating costs:	\$
Annual net operating (cost) / income:	\$
Capital costs:	\$
Expenditure included in approved operating budget:	\$
Expenditure included in approved capital budget:	\$
New FTEs requested:	

APPROVAL SIGNATURES:

APPROVAL OF FISCAL IMPACT:



Todd Leopold, County Manager



Nancy Dun
Budget / Finance

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager



STUDY SESSION AGENDA ITEM

DATE: November 24, 2015
SUBJECT: 2016 Preliminary Budget Update
FROM: Theresa Wilson, Budget Supervisor
AGENCY/DEPARTMENT: Budget Office
ATTENDEES: Budget Office Staff (Nancy Duncan, Theresa Wilson, Pernell Olson, Raylene Taylor)
PURPOSE OF ITEM: To update the Board of County Commissioners on the 2016 Preliminary Budget
STAFF RECOMMENDATION: To present information regarding the progress of the 2016 Preliminary Budget and answer questions.

BACKGROUND:

Periodic meetings will be held to update the Board of County Commissioners on the progress of the 2016 Preliminary Budget. This is for an additional 2016 Budget Wrap-up Session with the Board of County Commissioners in preparation for the Public Hearings and Adoption of the 2016 Budget on December 8th and 15th.

AGENCIES, DEPARTMENTS OR OTHER OFFICES INVOLVED:

County Manager's Office and Budget Office

ATTACHED DOCUMENTS:

None

FISCAL IMPACT:

Either mark X if there is no fiscal impact or provide the following information for the recommended action:

Fund(s):	
Cost center(s):	
Self-generated / dedicated revenues:	\$
Annual operating costs:	\$
Annual net operating (cost) / income:	\$
Capital costs:	\$
Expenditure included in approved operating budget:	\$
Expenditure included in approved capital budget:	\$
New FTEs requested:	

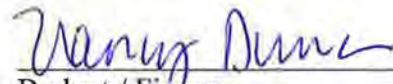
Informational Only

APPROVAL SIGNATURES:

APPROVAL OF FISCAL IMPACT:



Todd Leopold, County Manager



Budget / Finance

Raymond H. Gonzales, Deputy County Manager

Ed Finger, Deputy County Manager